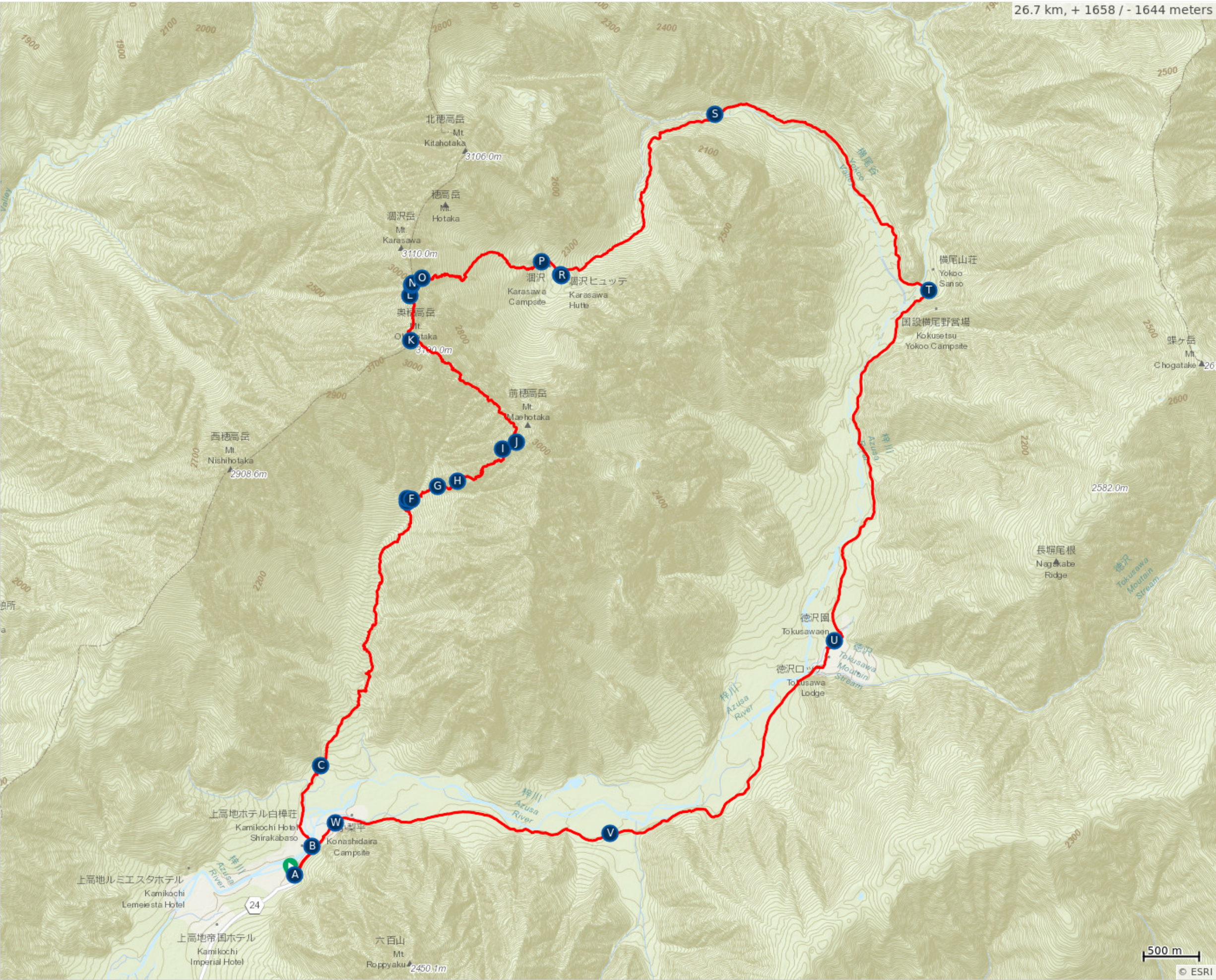


Mt. Oku-Hotaka - Hiking Trail (Nagano Prefecture, Japan)



A.	Kamikochi bus stop
B.	Kappa-bashi Bridge
C.	Trailhead proper
D.	Water source
E.	Dakesawa-goya
F.	Dakesawa-goya campsite
G.	Switchbacks
H.	Very steep with ladders and chains
I.	Raicho-hiroba
J.	Kimi-daira
K.	Mt. Oku-Hotaka
L.	Steep descent with ladders and chains
M.	Hotakadake Sanso
N.	Water source
O.	Seitengrat
P.	Karasawa-goya
Q.	Water source
R.	Karasawa Hutte
S.	Hontani-bashi
T.	Yokoo-sanso campsite
U.	Tokuzawa lodge and campsite
V.	Myojinkan
W.	Konashidaira campsite