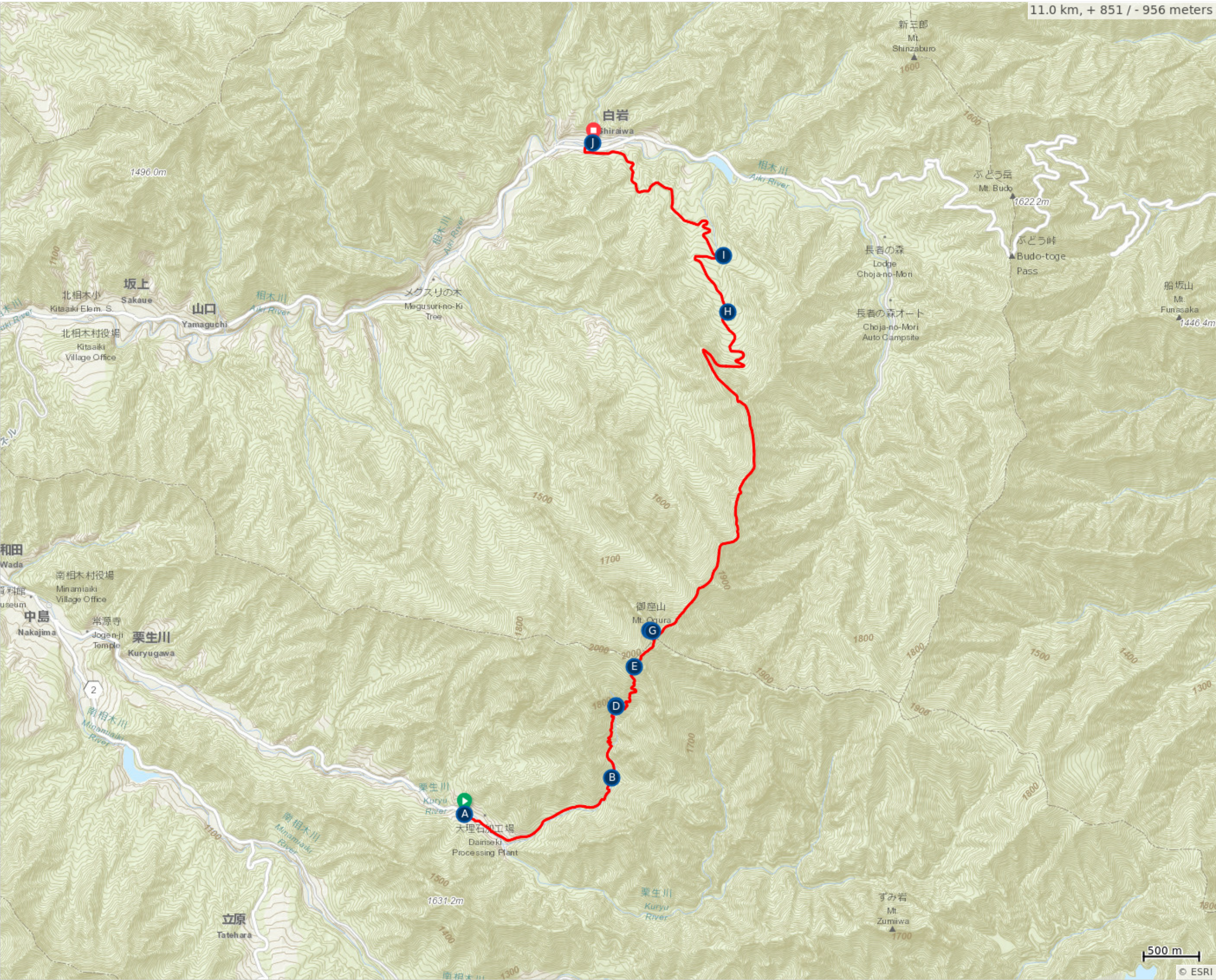


Mt. Ogura (Nagano - Hiking Trail Prefecture, Japan)



A.	Shiraiwa bus stop
B.	Kuryu trailhead
C.	Fudonotaki Falls
D.	Water available
E.	Section of chains
F.	Mt. Ogura
G.	Mt. Ogura refuge hut
H.	Shiraiwa trailhead
I.	Lettuce farm
J.	Shiraiwa bus stop for Koumi Station